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She has publications in reputed international handbooks published by Oxford, Cambridge, and APA. Prof. Kapadia's recent book titled, 'Adolescence in Urban India' published by Springer, contributes to a culture and context sensitive understanding of adolescence in contemporary urban Indian society.

She is on the review and editorial boards of the journals Culture and Psychology, Psychological Studies, and Emerging Adulthood. Prof. Kapadia has received prestigious awards such as the Fulbright Senior Research Fellowship and the Shastri Indo - Canadian Faculty Research Award. She is the India coordinator of the International Society for the Study of behavioral Development (ISSBD).

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Issues of Trust and Distrust in Eating among Urban Middle Class Youth in India

Trust is inherent to human development as evinced in infants' experience of their first psychosocial conflict in terms of trust versus mistrust of the caregiver (à la Erik Erikson). Trust is even more significant today as our world is increasingly being drawn into a sea of uncertainty and insecurity across social, economic, political, and religious systems, affecting individuals, families, and communities. The information age is posing

immense challenge to the notion of trust and we are confronted with recurrent multiple instances and images of violation of trust across all life domains, including food (for example, adulteration of milk or calcium carbide treated mangoes to hasten the ripening process). Food and matters related to food are assuming much significance in the contemporary globalizing urban Indian context, especially among the middle

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classes who are experiencing increasing affluence and a range of unprecedented food choices on account of the worldwide nutrition transition toward modern eating patterns. In the Indian society, a significant issue of trust versus distrust in the realm of food anchors on to the notion of purity. The presentation will center on the Indian notion of purity in food and discuss the issue of trust and distrust in eating preferences and practices in urban India, focusing upon urban middle class youth who are particularly susceptible to the growing array of choices in food. Developmentally, young individuals are at a stage which encourages greater openness to and exploration of diverse beliefs and practices across domains (for example, clothes, music, movies, and food). The globalizing context with

its myriad opportunities intensifies this experience rendering further complexity to developmental transitions. In this context, the presentation will reflect upon questions such as: How do urban Indian youth interpret 'trust' and 'risk' in food? How do the notions of trust and distrust intervene in their food choices? How does their interpretation of trust and risk align with the traditional cultural ayurveda notions of quality in food? Pertinent aspects that are relevant in the urban middle class context will be discussed such as homemade or shop bought/packaged-branded/restaurant food, plant based or animal based foods, and authentic food versus spurious (adulterated) food. Any emerging gender and generational dimensions will also be addressed.